

A
Place
for
Change



CENIKOR

CENIKOR

A PLACE FOR CHANGE

Since 1967, the Cenikor Foundation has specialized in helping people with chronic addictions. This long-term recovery program takes place within a residential Therapeutic Community environment using peer influence and clinical counseling to treat addictive behavior. Residents learn to look within themselves and come to terms with the root causes of their addictions.

The Cenikor Foundation believes there is no quick fix for years of addiction. The road to recovery is a gradual and consistent process that takes perseverance and commitment. Cenikor's program, which lasts from 18 to 24 months, works for men and women who have a true desire to change.

Our Mission

Cenikor is dedicated to assisting people in developing the skills needed to become responsible citizens free of substance abuse.

Our Vision

To be the model Therapeutic Community in the United States. We will expand our services, grow in our ability to serve our clients and the community, enhance our financial stability and operate with well-trained, dedicated personnel.

Core Values

Community as Method – Cenikor's residents live within the Therapeutic Community where they learn and practice the tools necessary to overcome substance abuse and the destructive behaviors that feed addiction.

Faith – Although Cenikor is not a faith-based program, helping a resident connect to his or her individual spirituality is one of the most important components of a wholesome, well-rounded recovery program.

Work – Work is a fundamental component of the recovery process and a condition of admission into the program.

Personal Responsibility – Personal responsibility is being honest and accountable to one's self, peers and the Cenikor staff.

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I cannot claim to have walked in the shoes of the men and women who find themselves at Cenikor. For many of our residents, the road to recovery was preceded by 10, 20 or more years of severe addiction. Taking that first step is not easy.

Too often, people in our society believe those with long-term addiction issues are “throw-aways” – unfortunately, that has become a common term. As I write this letter, the State of Louisiana is housing 122,207 offenders. The State of Texas is housing 156,126 offenders. It has been reported that 60-80% of these offenders are drug-related convictions, who cost an average of \$33 per day of our taxpayer dollars.

In the field of addiction, there are many different treatment options available. They range from outpatient treatment, methadone maintenance, a short-term program lasting less than 28 days, a long-term program lasting up to 90 days or in-prison treatment. Cenikor’s two-year residential program occupies a unique position. Our long-term, residential treatment program enables us to accept the person wherever he or she is on their path to recovery. In addition to achieving sobriety, Cenikor’s program addresses family relationships, work ethic/skills, personal responsibility and education through individual and group counseling.

The daily cost of a Cenikor resident in treatment is less than \$70 a day. This amount is less than two tickets to a professional sporting event with food and drinks. Less than \$9 a day is tax payer supported for all the services we offer—safe, clean housing, meals, basic medical care, counseling and education. Donations account for about \$13. The balance is made possible by residents participating in work therapy programs from Community Business Partners who recognize the potential of our residents.

The monetary cost of treatment is higher than incarceration, but the benefits can be measured in miracles. If you doubt it, I invite you to attend one of our graduations.

The downturn in the economy has not reduced the demand for our services. However, it has forced us to lower the number of people we can serve. On a daily basis, our residents achieve many successes. I’m very proud of the way our staff maintains high-quality services for the more than 1800 residents we served this year. Your support and interest will help us continue this road to recovery.

Bill Bailey
President/CEO



I first became aware of Cenikor when I was a prosecutor in the District Attorney's office in the early 80's. My aunt called and told me my cousin was ready to deal with his substance abuse issues. I told her Cenikor, in my opinion, was the most successful program around. My cousin eventually went to Cenikor's Fort Worth facility.

As will sometimes happen with people who go to Cenikor, he couldn't follow the rules, and was asked to leave. That only strengthened my conviction that Cenikor was doing the right thing. They didn't give special treatment to him just because he was related to a prosecutor in Dallas. Cenikor told him, "These are the rules. You follow the rules. If you don't follow the rules, you are going to eventually have to leave."

I was a judge in Dallas for 20 years and I sent a number of people to Cenikor. I attended a number of their graduations, and it is my firm belief that Cenikor is the most successful treatment program at helping people change their lives. People tell me that Cenikor is a rough program. I tell them if you really want to change your life, Cenikor is not hard.

When I left the bench in 2007, I was asked to be a member of the Board of Directors at Cenikor. I gladly accepted and it is one of the most rewarding things I do as part of being involved in my community. If you've never been to a Cenikor graduation, go. You are cheating yourself out of one of life's warmest experiences. When you see someone walk across that stage, turn around and look at their relatives, you see the success for the entire family.

Judge Keith Dean
National Board of Directors, Chairman

I was homeless for eight months before I got to Cenikor. I was at the point in my life where the only thing I wanted to do was get high. It was the first and last thought I had every day. I lost every contact I ever had. I didn't care about anything, including myself.

My addiction had gotten so bad that I ended up stealing a vehicle and was arrested. I had already been on probation, so my probation was revoked. I sat in jail for about a month and a half. Cenikor is where my story begins.

When I first got to Cenikor, I was quiet and never said a word. I didn't listen to anything anybody said. I had a one-track mind and a lot of anger—I didn't want to be here.

The staff kept moving me into different departments. They wanted me to get involved with the program and feel I was a part of things—I wanted nothing to do with it. Eventually I was transferred to the Central Transportation area—I started to listen. If these people believed in me, then maybe there was something there.

As I look toward Re-entry, I am getting myself prepared. I am working on getting my driver's license together so I can drive myself to my new job at Turner Industries.

Today I can really say Cenikor has saved my life. It's part of me—it always will be. It's where I found myself. It's where I discovered it's okay to have fun and not have any drugs or alcohol in me. I really love myself today. I really do. This place has taught me to have the confidence to go out and get a job with Turner Industries. I even got a promotion within a few weeks of being there. Six months ago, I never would have had the confidence to do that.

There is no trace of any kind of scared little girl sitting before me today. What I see is a strong woman who speaks on her convictions and isn't afraid to stand up for what's right. This woman is a miracle.

Amanda F.

Deer Park

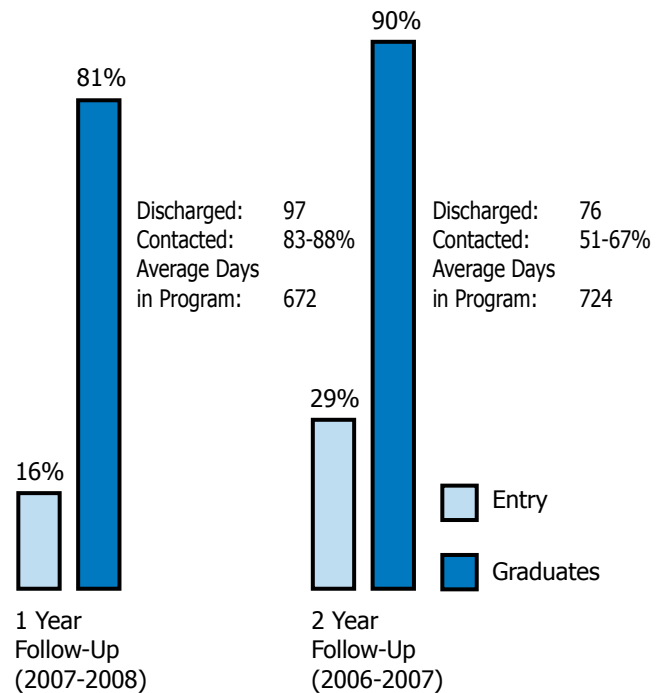
FY 2009 Statistics

Total Individuals Served	1873
Total Clients Graduated	106
Total Completed the Henley Program	268
Total Client Treatment Hours	157,874
Total Client Hours of Job Training	5,654
Total Client Hours of GED Education	30,348
Total Clients Obtained Their GED	47
Total Clients Attended Higher Education	128

All surveys conducted are on graduates of the Cenikor program. 2-year follow-up surveys indicate success from base year July 2006-June 2007.

1-year follow-up surveys indicate success from July 2007-June 2008.

Not Used Alcohol or Drugs in Past 60 - 90 Days



Vocational Services

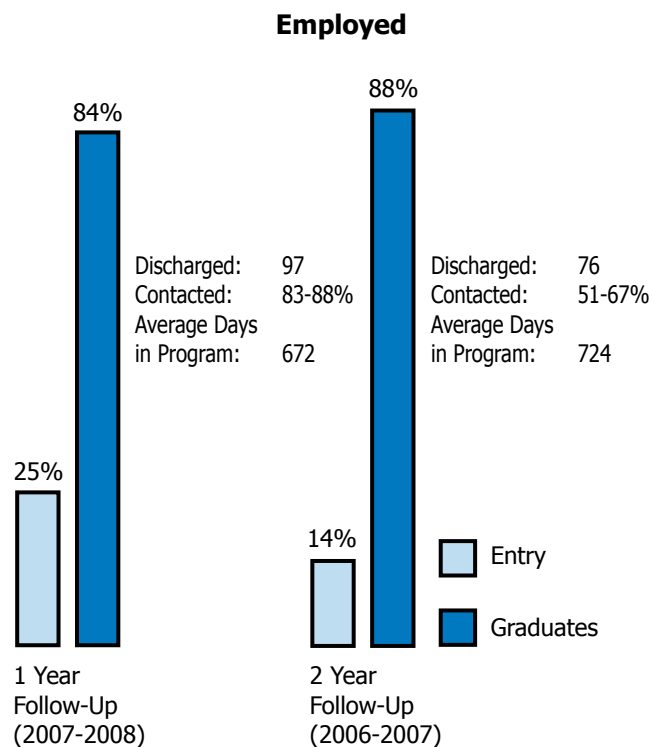
One of the key components to Cenikor's recovery process is work therapy for our male and female clients. Our program is a successful approach to alcohol and drug addiction—treatment that addresses the whole person. This includes a methodical approach to increasing a client's productivity in society. Work therapy includes the rehabilitation and vocational enhancement and skills of a resident. It is designed to develop and augment the skill levels of Cenikor residents and may involve maintenance, general and skilled labor or production for one of our Community Business Partners.

Our local Community Business Partners are some of Cenikor's biggest advocates who believe in Cenikor's mission—assisting people in developing the skills needed to become responsible citizens free of substance abuse. They know Cenikor residents are a stable work force willing to learn and meet a company's changing staffing needs. Using Cenikor residents as part of the workforce is cost-effective, as Cenikor provides worker's compensation insurance for all residents and competitive pricing for a great value. Cenikor's performance leads to increased productivity in the workplace.

Our Vocational Services Department is a key element to this approach. Cenikor is promoting personal responsibility, determination and courtesy, which is extremely motivating to the client. Working with our Community Business Partners, clients get the chance to learn skills, thereby rebuilding their self-esteem by entering the workforce. Each day, clients are developing a work ethic and maintaining a job, some for the first time in their lives. These companies work with Cenikor to create training and employment opportunities as residents are eager to learn and make dependable future employees when they transition back into society.

Our company has provided opportunities for Cenikor clients to work at our facility over the last five years. We have observed that, once given direction and training, Cenikor clients help our team meet its goals of producing quality products safely. Making room for Cenikor clients in our workforce is in line with our corporate objective of finding ways to give back to the community in which our employees work and live. We have found our partnership with Cenikor and the small role that we play in helping men in our community get their lives back on track to be very rewarding.

Reid Boydston
Spiral Pipe of Texas



Cenikor made me the man I am today. I wasted a lot of good years with bad choices.

I grew up in Plano, Texas, an affluent suburb of Dallas. I was your typical boy next door, football player in high school, from a good family. But when I got hurt in a game my Junior year and couldn't play football anymore, I had an identity crisis. I didn't know who I was and began to rebel.

When I was in high school, there was a heroin epidemic going on in Plano. My girlfriend overdosed and I lost some really close friends to heroin. There was alcohol at parties, but everyone was snorting heroin, and I began to follow the crowd. At first, it was a slow and casual phase, but I made some bad decisions and was held accountable for them. After being arrested, it seemed I could never complete probation. I thought I knew more than everyone else.

I was always a hard worker and had a good job. Even though I had a drug problem, I was still working as a Sales Manager. My free time was spent abusing drugs and I hid it well for a long time until I was arrested again and my parents confronted me. I went to Cenikor's Fort Worth facility and left after 17 months in the program. I had a hard time with people telling me what to do and I felt like deep down I wasn't like everyone else. I was in denial.

The most honest time in my life was when I had to face the consequences of my actions in front of Judge Dean. He listened, wanting to help and understand me. He told me if I needed help to come see him. I never went to him for the help he was offering. I thought because my family was well-connected, I could escape my problems. This was not the case at all.

After returning to the Cenikor program, this time in Deer Park, it took me 16 months to realize that my problems were nobody's fault but my own. The staff at Cenikor challenged me and I woke up one day realizing that I chose to come here because I was not living right. I wanted to use my talent and the potential I had inside. I needed to point the finger at me and not someone

else. I was going to hold myself to a higher mark in the foundation.

Cenikor was a humbling experience that I will never forget. Soon after my June 2007 graduation from the program, I was made General Director of an entire territory of a large spa chain. When I met the woman that has recently become my wife, I thought she wouldn't understand what I had gone through, but she did. She is an inspiration. I learned from her that life is about the people you surround yourself with and keeping it simple. It's not the name of the place, but the people you come into contact with. I needed the break that Cenikor provided me to regroup and make changes.

Ted U.

Deer Park graduate, 2007



Education

At Cenikor, we provide clients with the chance to get their General Equivalency Diploma (GED), if needed, and provide scholarships for those who are seeking to further their education. This opportunity is available to all residents regardless of their age.

At 12 months in the program, clients may begin attending a local community college or technical school. In 2008, 44 clients earned their GED, along with 47 completing college or taking vocational training courses. In 2009, those numbers increased significantly to 47 earning their GED, with 65 clients completing college courses or taking vocational training courses. In fact in 2009, 183 college hours were completed with a combined GPA of 3.62. Almost \$35,000 was awarded in scholarships to Cenikor residents.



Dear Cenikor Staff,

I want to thank you for everything you have done for me and share an exciting moment with you. Right now, I am sitting in the Student Center at college eating my lunch with tears in my eyes as I await my first college class in 33 years.

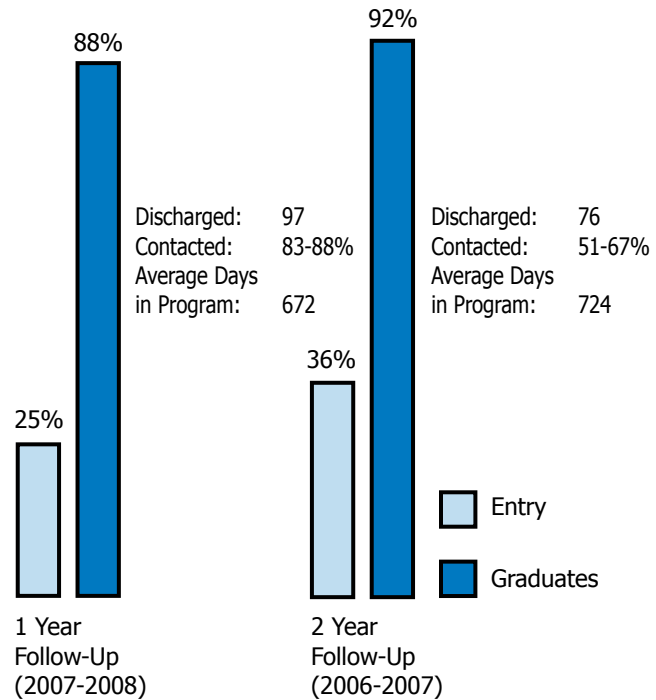
This moment brings back good memories of a young man many years ago that had a glow in his eyes, love in his heart and unlimited goals to pursue and achieve. One bad choice here and one poor decision there opened up memories of more than 30 years of active addiction, failures and unhappiness.

Today my tears are tears of joy. I wanted to share how grateful I am for the opportunity that Cenikor made possible. I have not been this excited about anything in a long time. The way I feel today is priceless! Thanks for going the extra mile to make this a reality.

Sincerely,

Sidney K.
Fort Worth

Stable Living Situation



Growing up in Houston, my school years were filled with meets, games, concerts and exhibitions. After graduation in the early 80s, I pursued my dream of playing guitar. Unfortunately, drugs and alcohol had a way of making a nightmare out of my dream.

To escape the nightmare, I moved to Florida, got married and became clean and sober. I secured a college education, purchased property, built a house and became a father to two daughters. Life was good until I thought I could drink again. However, before I knew it, I was using drugs again and lost all I had worked so hard for.

In 1995, I got divorced and was all alone. I moved back to Houston searching for a solution to the disease of addiction. After calling the Cenikor facility, I rationalized in my mind that I wasn't that badly in need of Cenikor's lengthy treatment program, so I entered and graduated a 28-day program instead.

A couple of years later, still clean and sober, I met a former high school sweetheart and we married soon after. Life was very good, a "fairytale" relationship some would say. I became a father for the third time. Once again though, I thought I could drink—except this time, I wasn't the only addict in the relationship. After Hurricane Rita destroyed our home, we vowed to start over clean and sober. With both of us being addicts, this proved to be a fatal combination.

On January 26, 2006, I awoke to find my wife had died in her addiction. Over the course of two years, I entered short-term outpatient programs that didn't work. My family gave up on me, my 4-year-old little girl was taken from me and I became homeless. As it turned out, my outpatient counselor was a graduate of the Cenikor program. He called the Deer Park facility and arranged for me to be admitted.

I entered the program an empty shell of a man with no hope or direction. I listened to the graduates in Orientation and decided that I wanted what they had—freedom from their addiction. It is said that Cenikor is not a spiritual program, but at four months in the

program, my spirit came alive and I began to gain an understanding of the great potential that Cenikor had to offer. The program taught me that it wasn't so important what I did when someone was looking as much as what I was doing when someone wasn't looking.

I graduated the program in June 2008. Today I feel free from the binds of addiction. It has taken some time, sacrifice and commitment to earn back only a portion of what I had lost from this terrible disease. I visit with my youngest daughter frequently and soon she will move back home with me. I now have a relationship with my two oldest daughters again and soon they will meet their little sister for the first time.

Gratefully,

Donald W.

Deer Park graduate, 2008



The Cenikor Treatment Program

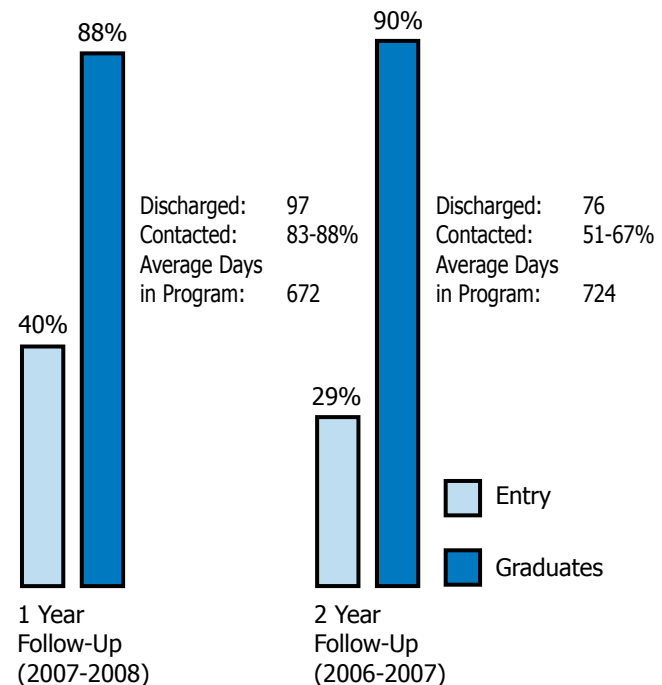
If you are at least 18 years old and have a strong desire to change your lifestyle, then you have met the two basic requirements for being admitted to Cenikor's recovery program. As with any community, there are certain guidelines and expectations that must be considered before entering the program. It is important that Cenikor maintain a safe, healthy and productive environment for all of its residents.

Cenikor requires that all potential residents be physically ready, mentally capable and willing to participate in all aspects of the recovery program, including work therapy. It is also important that a potential resident admit that they have chemical dependency issues and want to make the change to a chemical-free lifestyle. Once accepted, the potential resident can immediately begin the recovery process.

In Orientation, which lasts between 21 to 60 days, the resident learns the guidelines and rules of living in a Therapeutic Community. In Primary Treatment, which lasts approximately 16 months, residents start a work assignment and receive individual and group counseling. Much of this stage emphasizes changing negative behavior patterns, accepting responsibility and developing self-esteem. When a resident enters Re-entry, which lasts between 3 to 6 months, they prepare for graduation and a successful transition back into the outside community. Before graduation, a resident must have two months of living expenses in the bank, reliable transportation to get to and from work or school and a suitable place to live, with participation in an outside support group.



Not Arrested or On Legal Supervision



Community Support Is Cenikor's Foundation

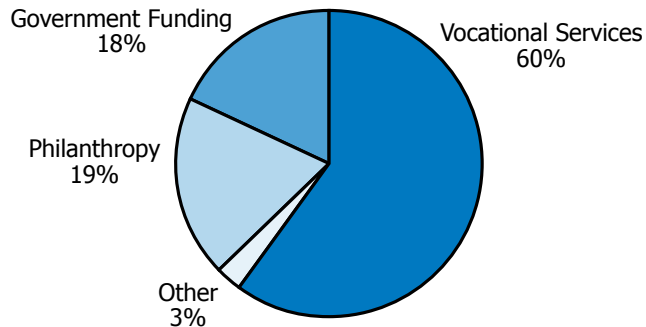
Community support plays a vital role in keeping our facilities operational. Donations from places of worship, individuals, businesses, corporations and foundations sustain each facility. Donations such as hygiene products, paper goods and food are needed the most. Cash donations are used toward program and operational costs.

There are other ways the community can support Cenikor such as volunteering at the facilities or participating in one of our annual events. We have many different types of Volunteers. Some teach residents how to build things around the facility or lend their green thumb in our gardens. Others volunteer their time as a tutor or mentor, or hold a Bible study. In the fall, each facility has an awards luncheon which recognizes community members that have played a valuable part in making Cenikor the success that it is today. In the springtime, we have events like a golf tournament in Houston and sporting clay shoots in Fort Worth and Baton Rouge. Each event raises much-needed funds for programs, facility operations and improvements.

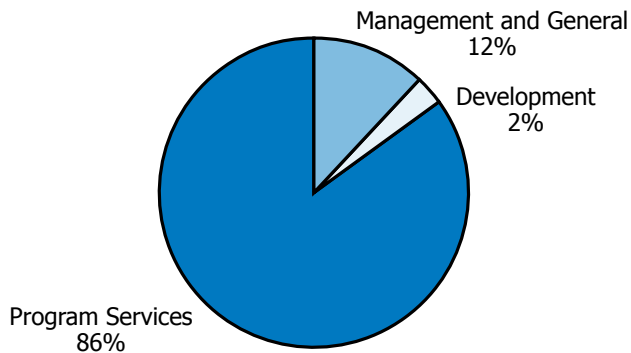
Cenikor has significant supporters of our program. We thank them for standing behind our vision of growing in our ability to serve our clients and the community, enhancing our financial stability and operating with well-trained, dedicated personnel.

Archdiocese of Galveston/Houston
 Baton Rouge Area Foundation
 BHTI Employees Humanity Fund
 Bill & Mary Lee Dixon Fund
 Boeing Employees Community Fund
 Brauss Family Fund
 The City of Fort Worth
 The Christen Foundation
 Finish Line Sports
 Hamill Foundation
 Hern Family, LTD
 HKS Architects
 Huey & Angelina Wilson Foundation
 J.E.S. Edwards Foundation
 Ken W. Davis Foundation
 Locke, Liddell & Sapp, LLP
 Mary Svendson Annual Fund
 May & Stanley Smith Charitable Trust
 The John P. McGovern Foundation
 Noble Energy
 Python Corporation
 The Simmons Foundation
 T.J. Brown & C.A. Lupton Foundation
 USI Southwest
 The Young Women's Christian Foundation

Revenue Sources



Expenses



Cenikor Provides Support to Local Communities

Cenikor residents like to give back to the community. Volunteering is an integral part of the recovery process. It allows our residents to share a special part of themselves with those who truly need a helping hand.

After Hurricane Ike, Deer Park residents took to the streets and helped residents that were unable to clear debris from their property, especially the elderly. They also helped distribute water, meals and ice to the community at the Deer Park distribution center following the storm. Through the "Smiles on Wheels" program from the City of Pasadena, residents assembled 3,000 bicycles to be distributed to children of low income households. With money from several car wash fundraisers, the residents purchased school supplies for children who could not afford them in the Deer Park Independent School District. And, for the first time this year, the Deer Park facility was picked as a host site for the National Night Out, inviting neighbors and law enforcement personnel to gather at the facility for games, food and fellowship.

At the Fort Worth facility, residents volunteer once a week to help at the Tarrant Area Food Bank sorting and boxing food for churches and social service agencies. Throughout the year, residents volunteer at HighRidge Church and Southside Church of Christ. Another organization residents volunteer with is World Vision, whose mission is to work with children, families and their community to reach their full potential by tackling causes of poverty and injustice.

In Baton Rouge, residents volunteer weekly at the Youth Home, the Healing Place Church and a program of the church's called "Cooking for Christ". They also volunteer for the Department of Social Services distributing food to underprivileged people in the Baton Rouge community. The residents go to the Baton Rouge Food Bank to sort food on occasion. Each year, 20 residents go to the state capital to assist in the set up and break down at the Celebrate Recovery Month event. This year, residents had the honor of volunteering at the American Cancer Society's "Relay for Life" as well as volunteering at Louisiana State University's "Rock the River" event.



Statement of Activities and Change in Net Assets Year Ended June 30, 2009

Total Revenues		\$9,701,647
Expenses		
Program Services	\$8,283,665	
General & Administrative	1,202,038	
Fundraising	<u>303,613</u>	
Total Expenses		<u>9,789,316</u>
Change in Net Assets		<87,669>
Net Assets, Beginning of Year		<u>10,171,778</u>
Net Assets, End of Year		<u>\$10,084,109</u>

audited results

Cenikor's History Through the Decades

1960's

In 1967, a group of inmates in a Colorado state penitentiary, who were committed to breaking the cycle of substance abuse and the criminal behavior that supports their addictions, established Cenikor. With little funding, they were determined to reverse lives caught up in the cycle of addiction and develop a program that would show others how to become productive and responsible citizens.

1970's

In 1970, Mayor Louie Welch invited Cenikor to open a treatment center in Houston to address an increasing need for a reliable and effective drug treatment program within the city. A Houston facility opened in 1972 in the former Jefferson Davis Hospital building. To avoid dependence upon government funding, Cenikor established various service-to-industry businesses, such as landscaping and auto detailing in 1973. And by 1975, Cenikor had purchased the former 10-story William Penn Hotel building on Texas Avenue for expansion to a larger facility. In 1977, Cenikor signed its first year-round contract with the Astrodomain Corporation, establishing the Cenikor Astrodome Task Force to handle all painting, maintenance, field changeovers and event set-ups at the Astrodome, the Astrohall and the Astroarena complexes. After two years of operating an in-take facility in the Dallas/Fort Worth area, the Winn Dixie Corporation donated two

100,000 square feet buildings in Fort Worth in January 1979 to help Cenikor establish a north Texas treatment facility. Cenikor residents did the work converting the warehouse and two office buildings into a livable facility that could house 180 residents. The first resident entered the facility for treatment on New Year's Eve 1979.

1980's

In 1980, Cenikor opened its Corporate headquarters in Houston. 1982 marked Cenikor's 100th resident entering the Fort Worth facility's population. In 1983, Cenikor received national recognition from the President of the United States when he visited the Houston facility on April 29. President Reagan commended Cenikor for its ability to operate without government funding and for its success in enlisting support from the private sector. The Cenikor Prevention Network began educating youth, schools and churches in 1985 about the dangers of substance abuse. Nancy Reagan visited the Fort Worth facility in 1986 alongside Texas Governor-elect Bill Clements as she handed out diplomas to 11 graduates.

1990's

In 1994, Cenikor's Houston facility moved from downtown Houston to Deer Park, a suburb in southeast Houston. The new facility, located in the former Deer Park Hospital, was on almost 20 acres of land and was 80,000 square feet in size, housing 180 residents. Another big change came in 1995 when Cenikor opened

an outreach office in Baton Rouge, Louisiana in a space provided by the city. This location referred over 150 people to the Texas facilities each year.

2000's

In 2000, Cenikor opened an additional outreach office in New Orleans, Louisiana. Cenikor then addressed the need for treatment in Louisiana in 2001 by opening a 151,000 square feet residential facility in Baton Rouge that could house 230 residents. However, in 2005, that New Orleans outreach office was flooded by Hurricane Katrina and shut down permanently. That year in April, Cenikor conducted clinical research to find out how reducing the program from 36 months to 24 months effected its residents. With positive results, the program was reduced to 24 months permanently. Companies that hired residents temporarily in Primary treatment were allowed to keep them on a permanent basis once they entered Re-entry in 2006. In 2007, the Texas Department of Criminal Justice awarded a contract to Cenikor for a 192 bed in-prison treatment facility. Cenikor began a therapeutic community program at the Dempsie Henley Prison Unit. 2007 marked 40 years of providing supportive residential therapeutic treatment services. In 2007, residents also began attending college and vocational training programs in an effort to improve their quality of life while getting treatment at Cenikor.

Friends of Cenikor

Cenikor requires that friends and families of residents take this one-time class which is offered twice a month. This class is for those people involved in a resident's recovery that have completed their first 90 days at Cenikor. This class informs the visitor of Cenikor's rules and regulations when visiting the resident. Some of the subjects covered include physical contact, appropriate dress, language and the buddy system. Cenikor wants to welcome those visitors and introduce them to the facility and services being provided to their loved one.

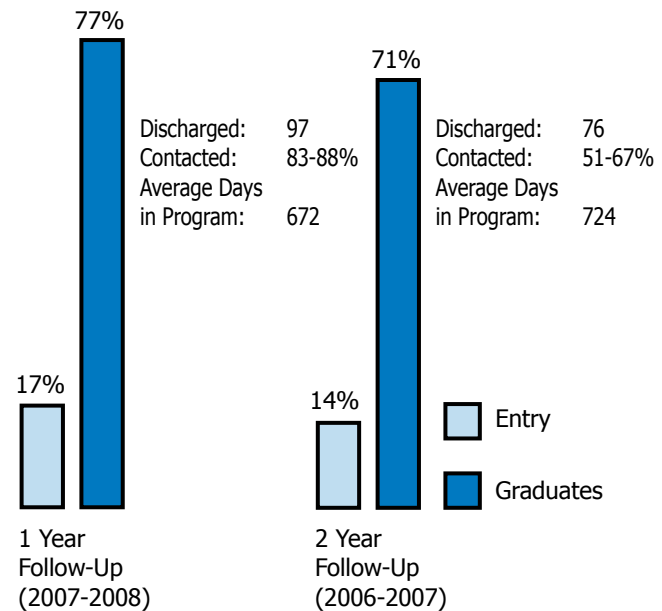
Families First

Addiction doesn't just affect the substance abuser—it's a family disease. The resident didn't become addicted overnight and the recovery process stemming from years of abuse won't happen overnight either. The more effort and open-mindedness each person involved brings to the Families First program, the quicker the pace of growth, healing and understanding can begin within the family unit. The family's participation in Families First program will shed light on the disease of addiction and eventually bring an understanding as to what it really means for the resident to be an addict.

This is a confidential, four week program held at the Cenikor facility where the resident lives. It is a forum for both the resident and family members to ask questions and become educated on the impact of disease on the family function. It also helps family members understand the Cenikor program and how the program works to heal their family member. This program provides valuable information on the abuse of drugs and alcohol from a number of different perspectives including long-term recovering addicts.



Connected with Support Group in Past 60 - 90 days



CENIKOR

A PLACE FOR CHANGE

Baton Rouge Facility
2414 Bunker Hill Drive
Baton Rouge, LA 70808
225.218.1960

Deer Park Facility
4525 Glenwood Avenue
Deer Park, TX 77536
281.476.0088

Fort Worth Facility
2209 South Main
Fort Worth, TX 76110
817.921.2771

Henley ITPC Unit
7581 Highway CR-321
Dayton, TX 77535

Corporate Office
7676 Hillmont Drive, Suite 190
Houston, TX 77040
713.266.9944

1.888.236.4567
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The foundation of our success is built on our staff

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